

GRIEF AND TRANSFORMATION THERAPY GROUP



Northern Virginia Older Adult Counseling

For many people who have lost a loved one, there is a profound sense of life, as they have known it, of having come to an end. But rather than ending, it is changed; even the relationship with the deceased is not ended, but is changed. This group is designed to compassionately support one another in the face of this profound transformation. We invite you to join us as we share our experiences and our hopes with one another.

Leaders:

Mike Ridge, LCSW &
Joyce Montgomery, LCSW

Schedule:

- Start date: Thurs, Nov 10th, 2022
- End date: Thurs, Dec 15th, 2022
- 6 weeks
- 6pm-7pm

Cost:

- Insurances will be billed
- Private pay, \$60/session

Registration: email to

admin@novaoc.com

Location: Virtual. Zoom details will be emailed 1-2 days prior to the event

November 10, 2022 6pm-7pm

Runs six sessions, ending on Thursday, December 15th, 2022



NORTHERN VIRGINIA OLDER ADULT COUNSELING
10615 Judicial Dr, Suite 301, Fairfax, VA 22030
703-667-0752 | admin@novaoc.com | www.novaoc.com